



Nirvana
NATUROPATHY AYURVEDA HOSPITAL & RETREAT
(NASHIK)



CURE IN ILLNESS, CARE IN WELLNESS



   @nirvana_naturopathy

 +91 9769735554 / +91 9967125092

 www.nirvananaturopathy.com



NATUROPATHY TREATMENTS AVAILABLE IN NIRVANA

Included in Package (Given on Doctor's Recommendation)

PARTIAL MASSAGE	DRAINAGE MASSAGE
FULL BODY MASSAGE	DE-TAN MASSAGE
DEEP TISSUE MASSAGE	POTLI MASSAGE
HOT STONE MASSAGE	NIRVANA REJUVINATION TREATMENT
HERBAL POWDER MASSAGE	ROYAL MASSAGE
SALT GLOW OIL MASSAGE	DRY HEAD MASSAGE
LOCAL STEAM	ENEMA
STEAM	SAUNA
HIP BATH	GRADUATED IMMERSION BATH
SPINAL BATH	SPINAL SPRAY
WHIRLPOOL BATH	UNDERWATER MASSAGE
AQUACLEANSE	HIP BATH JACUZZI
JACUZZI	JET BATH
COLD FOOT ARM BATH	HOT FOOT ARM BATH
CONTRAST ARM BATH	CONTRAST FOOT BATH
OXYGEN BATH	CIRCULAR JET BATH

INFRARED LAMP	MUD BATH
GANJI TURMERIC BATH	NEEM ALOEVERA TURMERIC BATH
MUSTARD PACK	HOT MUD APPLICATION
HOT WRAPS	COLD WRAPS
GASTRO HEPATIC PACK	KIDNEY PACK
CASTOR OIL PACK TO ABDOMEN	CASTOR LEAF PACK(KNEES)
CABBAGE LEAF PACK(KNEES)	CABBAGE PASTE APPLICATION
BANANA PEEL PACK	MUD TURMERIC EPSOM SALT PACK(THROAT)
FULL WET SHEET PACK	POLYPACK
BANANA LEAF PACK	CHANDAN FACE PACK
POTATO FACE PACK	ALOEVERA FACE PACK
GINGER GARLIC ONION PACK	ONION HAIR PACK
ALOEVERA HAIR PACK	HIBISCUS HAIR PACK
MUD PACK EYE PACK	ALTERNATE COMPRESS



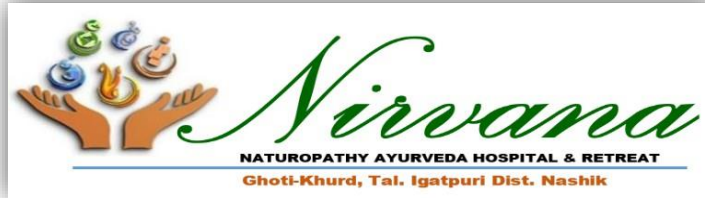
EXTRA CHARGEABLE NATUROPATHY TREATMENTS
AVAILABLE, WITH PRICE

<u>NAME</u>	<u>PRICE PER SESSION</u>
FRESH FRUIT FACIAL	1200/-
DRY FRUIT FACIAL	1500/-
3 IN 1 (INCH LOSS)	1500/-
TUCK (INCH LOSS)	4000/-
YONI STEAM	500/-
SHIRODHARA	2500/-
COLON HYDROTHERAPY	1000/-
PERSONALISED THERAPEUTIC YOGA	400/-



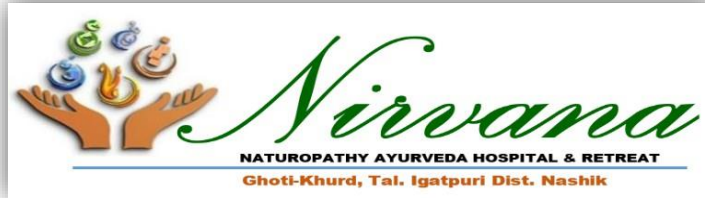
AYURVEDA TREATMENTS AVAILABLE, WITH PRICE

<u>NAME</u>	<u>PRICE PER SESSION</u>
THALAPODICHIL	1500/-
AKSHITARPAN	1000/-
HRIDAY BASTI	500/-
LUNG BASTI(BOTH)	1000/-
NABHI BASTI	500/-
GREEVA BASTI	500/-
KATI BASTI	500/-
SPINAL BASTI	1000/-
JANU BASTI(BOTH)	1000/-
KIDNEY BASTI(BOTH)	1000/-
NASYA	500/-
KARNAPURNA	500/-
PANCREATIC BASTI	500/-
LIVER BASTI	500/-
UTTARA BASTI	500/-
HAIR WASH	300/-
LEECH THERAPY (PER LEECH)	500/-
LOCALISED SAND POTLI (DRY)	300/- PER PART
LOCALISED ISHTIKA SWEDA POTLI	300/- PER PART



PHYSIOTHERAPY TREATMENTS AVAILABLE, WITH PRICE

<u>NAME</u>	<u>PRICE PER SESSION</u>
IFT (INTERFERENTIAL THERAPY)	300/-
TENS (TRANSCUTANEOUS ELECTRIC NERVE STIMULATION)	300/-
MUSCLE STIMULATOR	300/-
ULTRASOUND	300/-
HAND MASSAGER(VIBRATOR)	300/-
EXERCISE THERAPY	200/-
COMBINATION THERAPY (Electrotherapy with 30 min. of exercise)	500/-
CERVICAL / LUMBAR TRACTION	500/-
INFRARED LAMP	100/-
MOIST HEAT	300/-
MOIST HEAT WITH EXERCISE	500/-
MOIST HEAT WITH IR LAMP	300/-
MOIST HEAT WITH IFT/TENS	500/-
PHYSIOTHERAPY LOCAL STEAM UNIT	200/-



ACUPUNCTURE TREATMENTS AVAILABLE, WITH PRICE

<u>NAME</u>	<u>PRICE PER SESSION</u>
ACUPUNCTURE	300/-
ACUPUNCTURE WITH ELECTRICAL STIMULATION	350/-
ACUPUNCTURE WITH MOXA	350/-

OZONE THERAPY TREATMENTS AVAILABLE, WITH PRICE

<u>NAME</u>	<u>PRICE PER SESSION</u>
OZONE FACE VACCUM	500/-
OZONE SCALP BAGGING	500/-
OZONE STEAM	500/-
OZONE EAR INSUFFLATION	300/-
OZONE FUNNELLING	500/-
OZONE CHARGED WATER(1ltr.)	500/-
BREATHING OZONE THROUGH OIL	500/-
VAGINAL INSUFFLATION	500/-
RECTAL INSUFFLATION (OZONE ENEMA)	500/-
PART BAGGING	500/-



**NIRVANA NATUROPATHY AYURVEDA HOSPITAL AND RETREAT,
BEHIND S.M.B.T. HOSPITAL, GHOTI – SINNAR HIGHWAY,
TAL – IGATPURI, DIST – NASHIK, MAHARASHTRA, INDIA
CONTACT: +91-9769735554 / +91-9967125092**